

Walk with God / Run with Purpose

Part 1 of *The Heart of a Champion*

1 Corinthians 9:24-27; Philippians 2:12-13

Pastor Jon Ashley

February 11, 2018



¹² Work hard to show the results of your salvation, obeying God with deep reverence and fear.

¹³ For God is working in you, giving you the desire and the power to do what pleases him.

- Philippians 2:12-13 (NLT)

1. How to Walk with God: The Spiritual Disciplines

- My Walk with God
 - Prayer
 - Fasting
 - Study
- My Walk with Others
 - Worship
 - Fellowship
 - Giving
- My Walk in the World
 - Moderation
 - Sharing
 - Caring

2. How to Run with Purpose

- God has a prize for you that is worth all the training (1 Cor 9:25-26)
- There is purpose in every step you take toward the prize (1 Cor 9:26)
- Training for the prize is hard work that requires discipline (1 Cor 9:27; Phil 2:12-13)

Conclusion: Walk with God and run with purpose!

REFLECT (Questions to respond to this week):

- Read today's Bible passages. How is the Holy Spirit speaking to you?
- Which spiritual disciplines are a regular part of your life?
- Which spiritual disciplines would help you train as a disciple of Jesus?
- If you were to implement a spiritual exercise program in your life, what would it look like?
- Are you allowing God to shape your mind and heart through spiritual discipline?
- Do you want to fulfill God's purpose for your life?

Scripture Readings

1 Corinthians 9:24-27 (NLT)

²⁴ Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! ²⁵ All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. ²⁶ So I run with purpose in every step. I am not just shadowboxing. ²⁷ I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.

Richard Foster...

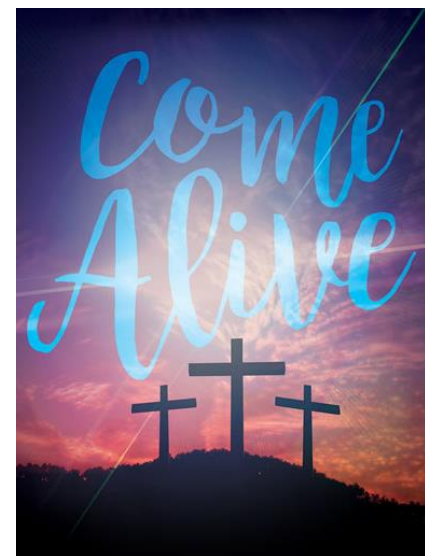
1. The inward disciplines
 - a. Meditation
 - b. Prayer
 - c. Fasting
 - d. Study
2. The outward disciplines (inward realities resulting in outward lifestyles)
 - a. Simplicity
 - b. Solitude
 - c. Submission
 - d. Service
3. The corporate disciplines
 - a. Confession
 - b. Worship
 - c. Guidance
 - d. Celebration

Dallas Willard...

1. Disciplines of Abstinence
 - a. Solitude
 - b. Silence
 - c. Fasting
 - d. Frugality
 - e. Chastity
 - f. Secrecy
 - g. Sacrifice
2. Disciplines of Engagement
 - a. Study
 - b. Worship
 - c. Celebration
 - d. Service
 - e. Prayer
 - f. Fellowship
 - g. Confession
 - h. Submission

Chuck Swindoll...

1. Intimacy: Deepening our lives
2. Simplicity: Uncluttering our minds
3. Silence and solitude: Slowing our pace
4. Surrender: Releasing our grip
5. Prayer: Calling out
6. Humility: Bowing low
7. Self-control: Holding back
8. Sacrifice: Giving over



Ash Wednesday Worship

February 14 @ 7:00 p.m.

Lenten Chapel Services

Wednesdays @ 7:00 p.m.

February 21, 28, March 7, 14, 21

Holy Week Events for All Ages

Palm Sunday, March 25 @ 9 & 10:30 a.m.

Maundy Thursday, March 29 @ 7:00 p.m.

Good Friday, March 30 @ 7:00 p.m.

Easter Sunday, April 1 @ 7, 9 & 10:30 a.m.