



Life Transformation Groups FAQ

This fall we are launching new Life Transformation Groups to help our church family connect, grow and serve together.

What are Life Transformation Groups?

Matthew 18:20 - *For where two or three gather together as my followers, I am there among them.*

Life Transformation Groups are small groups of people who meet together regularly for the purpose of discipleship.

I already go to church, why do I need a Life Transformation Group?

Hebrews 10:24-25a - *Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another...*

Going to church is about worshiping God. That's why we call it a worship service. They should be all about honoring God, expressing our gratitude to him and glorifying his name. Life Transformation Groups are different. They are about getting closer to God and learning more about him. Preaching and teaching is one way communication. You listen while the speaker speaks. It's fine for imparting knowledge but not as effective for personal application as a small group. In a small group setting, you can ask questions, participate in a discussion of the text, and hear others share insights and illustrations of the truth you are trying to grasp. The Bible must be applied to your own personal situations and that happens best in small groups.

I regularly study the Bible on my own. Isn't that good enough?

Proverbs 27:17 - *As iron sharpens iron, so a friend sharpens a friend*

Most people who have been a part of a Life Transformation Group say the greatest benefit is the close relationships and friendships that develop. They will frequently telephone each other during the week to share an urgent prayer request or an exciting answer. You'll discover that your needs and problems are not unique - we're all in the same boat. It helps to know that others are facing the same difficulties, or have lived through them and learned spiritual principles in the process.

That sounds pretty good. Is that everything I should know?

Not even close. Life Transformation Groups help people handle stress and pressure better. They provide a natural way to share Christ with friends, relatives, neighbors and coworkers. They provide opportunities to grow into a more meaningful prayer life. You will develop leadership skills you never knew you had and most importantly you will find it easier to engage in service opportunities for the advancement of God's Kingdom!

I'm in! Where do I sign up?

You can contact Pastor Cory at 402-721-7904 x.104 or cory@presbyterianfremont.org. You can also explore which Life Transformation Group is right for you on *Back to Church Sunday* on September 18th when we have our Group Fair at 10:00am. All of the groups will have a table set up in Fellowship Hall where you can learn more about them and sign up for the one that is right for you!